

Collaboration Agreement

Between:

Karitane	(ABN 25 000 018 842) of 138-150 The Horsley Drive, Carramar NSW 2163 (Karitane); and
South Eastern Sydney Local Health District (SESLHD)	(ABN 70442041439) of Locked Mail Bag 21, Taren Point NSW 2229 (South Eastern Sydney Local Health District)

(together, the Parties)

1. Background

- A The Parties wish to work together for their mutual benefit to further the Collaboration.
- B Karitane has agreed to provide Shared Services and grant a sub- license to SESLHD to enter, use and occupy the Area at times and on dates which are mutually agreed by the Parties from time to time.
- C SESLHD has agreed to provide funding and Services to support the Collaboration under the terms of this Agreement
- D The Parties agree to promote the Collaboration (when appropriate) at various forums and on mutual websites.

2. Definitions

Agreement means this Agreement or any amendment thereof agreed to in writing by the Parties;

Area means the room and open shared spaces located in the Premises that SESLHD and Karitane staff will use to provide the Services. See **Schedule 1**, hatched area located at Karitane, Westfield, Bondi Junction in the State of NSW (also known as 'the early parenting store');

Background Intellectual Property means all Intellectual Property owned by or licenced to a Party and made available to the Collaboration for the purpose of carrying out the Collaboration, which:

- a) has been developed prior to the date of this Agreement; or
- b) is acquired or created by a Party independently of the Collaboration after the date of this Agreement.

Claim means any allegation, debt, cause of action, liability, claim, proceeding, suit or demand of any nature howsoever arising and whether present or future, fixed or unascertained, actual or contingent whether at law, in equity, in tort, under statute or otherwise;

Collaboration means the Parties working to together to support the provision of the Services from the Premises to support families during pregnancy and early parenting;

Commencement Date means the date on which this Agreement is signed by the last Party to it;

Confidential Information means any and all information belonging to a Party, whether existing prior to the commencement of the Collaboration or created in the course of the Collaboration, which is disclosed by one Party to the other and includes all technical, proprietary and operational information, drawings, techniques, processes, know-how and other commercially valuable information of any kind. Confidential Information shall be indicated as such at the time of disclosure;

Indirect Loss means any one or more of the following:

- a) economic loss, loss of actual or anticipated profits, loss of revenue, loss of savings, loss of business, loss of opportunity, loss of access to markets, loss of goodwill, loss of reputation, loss of publicity, loss of data, or loss arising from business interruption; and
- b) any indirect, incidental, punitive, exemplary or unforeseeable loss or any similar loss.

Intellectual Property includes all copyright (including future copyright), trademarks (including service marks), designs, patents, business names, domain names, semiconductor or circuit layout rights, plant breeders rights, rights in respect of trade secrets and other Confidential Information, and all rights of intellectual property resulting from intellectual activity in the industrial, scientific, literary or artistic fields recognised in domestic law anywhere in the world, or generally falling within the scope of this term, whether registered or unregistered and whether registrable or not;

Intellectual Property Rights means all present and future rights in respect of Intellectual Property;

Party means a party to this agreement. **Parties** has a similar meaning.

Personal Information means information or an opinion (including information or an opinion forming part of a database), whether true or not, and whether recorded in a material form or not, about a natural person whose identity is apparent, or can reasonably be ascertained, from the information or opinion;

Premises means shop 5042/3 Westfield Bondi Junction;

Shared Services means those services which are reasonably necessary to enable the SESLHD team to effectively perform the Services in the Area.

Services means the activities developed and delivered as a result of the collaboration. See schedule D

In this Agreement unless the context requires otherwise:

- i. words denoting the singular include the plural and vice versa;
- ii. words denoting natural persons include corporations and vice versa;
- iii. words denoting any gender include all genders;
- iv. headings are for convenience only and do not affect interpretation;
- v. reference to any Party to this Agreement or any other relevant Agreement or document includes that Party's successors and permitted assigns;
- vi. reference to any document or Agreement is deemed to include references to such document or Agreement as amended from time to time;
- vii. reference to any statute or legislation (whether primary or subordinate) includes a reference to a statute or other legislation of the Commonwealth and, if it has been or is amended, replaced, or supplemented, is a reference to that statute or other legislation as amended, replaced or supplemented; and
- viii. all schedules to this Agreement form part of this Agreement.

3. Purpose

- 3.1 The purpose of this Agreement is to define the roles and responsibilities of each Party in relation to the utilisation of the Area

4. Guiding Principles

- 4.1 The Parties acknowledge and agree to the following non-binding statement of principles to guide the Collaboration:
 - a) the Parties will treat each other in a mutually respectful manner;
 - b) the Parties will use their best endeavours to ensure that the Collaboration succeeds;
 - c) the Parties develop a common vision, values and understanding of the scope of their individual obligations under this Agreement;
 - d) the Parties will deliver their respective obligations under this agreement in a secure environment with acceptable levels of privacy and confidentiality protection;
 - e) each Party will endeavour to contribute a fair and representative in-kind contribution to the Collaboration; and
 - f) The Parties will discuss additional ways in which they can provide other services together.

5. Term

- 5.1 This Agreement will commence on the date it is signed by the last Party and will terminate on 30 June 2021

6. Funds

- 6.1 Subject to the terms and conditions of this Agreement, SESLHD will pay Karitane \$220,000 plus GST towards the operating costs of the Service provided at the Bondi Early Parenting Store for the period 1 July 2020-30 June 2020. Karitane must use the Funds solely to provide the Services in accordance with Clause 7.

7. Use

- 7.1 Karitane agrees that, from the Commencement Date, it grants a non-exclusive licence to SESLHD (and its employees, agents, contractors and invitees) to:
- i. enter, use and occupy the Area for the purpose of performing the Services; and
 - ii. use those facilities in the Premises which Karitane agrees to make available for use by the SESLHD team including reception areas, common areas, tea room and kitchen facilities to enable the performance of the Services;
- on the terms of this Agreement (**Licence**).
- 7.2 The SESLHD (and its employees, agents, contractors and invitees) must only use the Area:
- i. for the provision of support services as part of the agreed SESLHD services, to families during pregnancy and early parenting; and
- 7.3 Karitane must, while the Licence remains in force provide Shared Services. The Shared Services include, but are not limited to:
- i. office technology and support (landline phone, photocopiers, printers, scanners); and
 - ii. reception assistance involving greeting and farewelling clients, and directing clients to the Area.
- 7.4 For the avoidance of doubt, the Shared Services in relation to reception assistance do not include bookings and cancellations.
- 7.5 The parties acknowledge that SESLHD is not responsible for or liable for:
- i. any utilities or services, supplied to the Area including electricity, air-conditioning and telephone; or
 - ii. any costs of cleaning, maintaining or repairing the Area or Premises.
- 7.6 SESLHD agrees to, at its own cost, make good any damage to the Area or the Premises caused by SESLHD.
- 7.7 The parties acknowledge that any items brought onto the Area by SESLHD including fixtures, fittings, signs, equipment, furniture and goods are, and remain part of, the property of SESLHD unless agreed otherwise in writing by SESLHD (Fitout Equipment).
- 7.8 The parties acknowledge that any fixtures already present in the Area prior to the SESLHD s occupation are, and remain part of, the property of Karitane.

- 7.9 The parties acknowledge and agree that the SESLHD is entitled to display a wall sign bearing the SESLHD branding and logo provided the lessor of the premises does not object to the said display.
- 7.10 The Licence terminates on the termination of this Agreement.
- 7.11 On termination of the Licence, the SESLHD agrees to remove the Fitout Equipment and all rubbish, alterations and additions made by or on behalf of SESLHD (unless otherwise agreed between the parties).
- 7.12 Karitane will provide a site orientation and information pack to all SESLHD employees, agents and contractors before they commence work in the Area including in relation to health and safety and emergency procedures.

8. In-kind Contributions

- 8.1 Each party agrees to explore and consider pursuing opportunities to support the other's operations from time to time (In-kind Contributions). The In-kind Contributions may include, but are not limited to, providing training, assisting with events, promoting the other Party's organisation and services, and assisting with public relations.

9. Co-promotion

- 9.1 Each Party agree to promote the other's services, as set out below:

Website

- i. Subject to clause 10, Karitane agrees to include a link to the SESLHD Website on the Karitane website during the Term.
- ii. Subject to clause 10, the SESLHD agrees to include a link to the Karitane website on the SESLHD Website during the Term.

Business cards

- i. Subject to clause 10, Karitane consents to the SESLHD using and distributing business cards with the SESLHD and Karitane address thereon which relate to the Premises.

10. General obligations

- 10.1 The Parties must actively participate in the Collaboration by:
- i. sending a suitable representative to operational, strategic and planning committee & meetings;
 - ii. using reasonable endeavours to ensure that they do not in the conduct of their business or activities, act in a manner which prejudices the goodwill or reputation of the other Party;

- iii. carrying on their activities in compliance with all laws, regulations, and codes of conduct and any instructions, directions, requirements and requests made by the owner of the Premises, any statutory, governmental, industry or regulatory body, and in accordance with high standards of ethics and Health Service practice.

11. Use of logos, brand names, acknowledgements, media materials

- 11.1 Each Party will obtain the written approval to use the other Parties' logos and taglines, names and any quotations relating to the Collaboration, on each and every occasion it publishes materials discussing the Collaboration. The approval cannot be unreasonably withheld where consistent with the Collaboration and Purpose of this Agreement.
- 11.2 All materials, including press releases, leaflets, business cards, website information and advertisements carrying a Party's logo or information, will be approved by that Party. All Parties will reproduce a Party's logo and brand name consistent with their respective brand guidelines.

12. Referrals and Services

- 12.1 Karitane may in its direction refer patients to the SESLHD service from time to time (and, for the avoidance of doubt, Karitane may refer patients to other health service providers or organisations as it considers appropriate). SESLHD may in its discretion determine whether or not to provide services to any referred patients.
- 12.2 SESLHD may refer patients to Karitane from time to time and, for the avoidance of doubt, SESLHD may refer patients to other child and health service providers or organisations as it considers appropriate.
- 12.3 In providing Services at the Area SESLHD shall (i) leverage off its existing operations for providing operational support (such as managing bookings and cancellations); and (ii) assume the responsibility for the Services it or its employees, agents and contractors provide.

13. Confidentiality and Protection of Personal Information

- 13.1 Each Party acknowledges and undertakes:
 - i. to treat as confidential and keep secret all Confidential Information of the other Party which has been or may be disclosed or which is created or discovered in the course of the Collaboration and to use that Confidential Information only for the purposes of giving effect to this Agreement; and
 - ii. not to use the other Party's Confidential Information except as required for the performance of this Agreement or to enable it to perform its reporting obligations to any respective government agency, entity or reporting body.

- 13.2 The obligation of confidentiality does not extend to information which:
- i. was already known in the public domain or becomes so at a future date without the fault of the recipient or Party to whom the information was disclosed, directly or indirectly, by the recipient;
 - ii. was a matter of written record in the files of the recipient prior to disclosure to the recipient;
 - iii. was received by the recipient from a third person under circumstances permitting its disclosure by the recipient,
 - iv. was independently developed by the recipient;
 - v. becomes known to the recipient from a source other than the disclosing Party without breach of a similar Agreement by the outside source; or
 - vi. a Party is required to provide by law.

13.3 Upon termination or expiry of this Agreement each Party, its employees or agents, in possession of any Confidential Information (including all documents and materials and copies thereof) owned by any other Party shall return the Confidential Information promptly to its owner at the request of the owner.

- i. Subject to clause 17.6, each Party agrees, with respect to all activities relating to or in connection with performance of the Collaboration, or in connection with this Agreement, to comply with all privacy laws including the Privacy Act 1988 (Cth) and the Health Records Information Privacy Act 2002v when doing any act or engaging in any practice in relation to Personal Information for the purposes of this Agreement.
- ii. Each party agrees to notify the other and provide reasonable assistance to the other if any privacy breach occurs in connection with the Services and Collaboration under this Agreement.
- iii. Each party agrees that breach of this clause could cause irreparable commercial and financial harm to the other party, for which damages would be an inadequate remedy and that, in addition to any other remedies which may be available to it, the other party may seek to restrain such breach by injunction or similar remedy, or compel specific performance of this clause.

14. Progress review

14.1 During the term of this Agreement the Parties agree to meet quarterly (or such other period as determined appropriate) to discuss and review the progress of the Collaboration. See Schedule A

14.2 Each Party must promptly provide any information in connection with the Collaboration required for any meeting between the Parties as reasonably requested by the other Party.

15. Dispute resolution

- 15.1 A dispute arising in relation to this Agreement should in the first instance be discussed between the Parties in an attempt to resolve it in good faith.
- 15.2 If a dispute arises in relation to this Agreement and it is not possible for the dispute to be resolved by the Parties themselves, the Party claiming that a dispute has arisen must give written notice to the other Party indicating the nature of the dispute (Dispute Notice).
- 15.3 A senior representative of each Party must meet and attempt to resolve the dispute within 5 business days after receipt of the Dispute Notice. If within a further 5 business days the Parties are unable to resolve the dispute, the Chief Executive Officer (or a director) of each Party (or his or her nominee) must meet and attempt to resolve the dispute.
- 15.4 If, within 15 business days after receipt of the Dispute Notice, the Parties are unable to resolve the dispute, any Party may refer the matter to a mediator. If the Parties cannot agree on who the mediator should be, the complainant will ask the Law Society of New South Wales to appoint a mediator. The mediator will decide the time and place for mediation. The Parties must attend the mediation in good faith and with a view towards resolving the dispute.
- 15.5 Any attempts by the Parties to resolve a dispute pursuant to this clause are without prejudice to other rights or entitlements of the Parties under this Agreement, in law or in equity.

16. Intellectual property

- 16.1 Except as set out in clauses 7 and 11, all Background Intellectual Property Rights will at all times remain owned by the applicable Party, or its third party licensors, exclusively.
- 16.2 All Intellectual Property jointly made, developed, conceived, first reduced to practice, fixed in any tangible medium of expression or created by Karitane & SESLHD during the term of this Agreement ("Joint Intellectual Property"), will be the joint property of and the entire right, title and interest is hereby assigned jointly to Karitane and SESLHD and each party may enjoy all rights and privileges accorded ownership of such joint property without accounting to the other.

17. Termination

- 17.1 Any Party may terminate this Agreement upon giving 30 days' notice in writing to the other Party.
- 17.2 Any unspent proportion of the amortised funding for the contracted period will be returned to SESLHD.
- 17.3 A Party may immediately terminate this Agreement by giving written notice to the other Party on the following events:
- i. on the bankruptcy, liquidation or insolvency of a Party to the Agreement or upon a change in ownership of a Party which

could reasonably be expected to affect the capacity of that Party to perform its obligations under this Agreement; or

- ii. failure by a Party to perform its obligations under this Agreement if within 30 days of receiving written notice from another Party under this Agreement which specifies the default and requires that the default be remedied, the default has not been remedied.

17.4 Subject to clause 17.6, upon termination of this Agreement (for any reason) each Party will, at the written request of any other Party, return all property in their possession belonging to another Party, including Confidential Information and Intellectual Property.

17.5 Termination of this Agreement for any reason shall be without prejudice to the continuing enforceability of any rights or obligations of the Parties accrued at the time of termination.

17.6 All terms with respect to Intellectual Property and Confidential Information in this Agreement will remain valid and binding following expiry or termination of this Agreement. Any other provision by its nature intended to survive expiry or termination of this Agreement survives expiry or termination of this Agreement.

17.7 On termination of this Agreement each Party must return, or at the request of the other Party, destroy all records, documents, information, files, Confidential Information and Intellectual Property in its possession which belong to the other Party. However, despite the forgoing, each Party may retain copies of the Confidential Information to the extent required for their accounting, audit, corporate governance, insurance, litigation, record-keeping or regulatory purposes, or is held in electronic form in back-up tapes, servers or other systems.

18. Indemnity

18.1 SESLHD indemnifies Karitane from and against any damage, liability, expense (including reasonable legal fees) and loss suffered or incurred by Karitane as a result of any injury to any person (including death) or any damage to any property, where such injury or damage was caused by any wilful or negligent act or omission of SESLHD or its employees, volunteers, agents or contractors, in connection with this Agreement ("Claim").

18.2 SESLHD's liability to indemnify Karitane under Clause 18.1 shall be reduced proportionately to the extent that any unlawful or negligent act or omission on the part of Karitane directly contributed to the injury or damage.

19. Insurance

19.1 SESLHD must prior to the commencement of the occupation of the Premises and at all times thereafter maintain the following insurances:

- i. Public Liability insurance in the amount of not less than \$20 million in respect of each and every occurrence; and
- ii. Professional Indemnity insurance in the amount of not less than \$10 million for any one occurrence and in the aggregate for any one period of cover.

- iii. Obtaining and maintaining workers' compensation insurance as required by law.

These policies will be administered through the Treasury Managed Fund.
A Certificate of Currency for the policy shall be made available to Karitane for inspection on demand.

20. Child Protection

- 20.1 The Parties will abide by any child safeguarding requirements that affect the performance of their respective obligations under this Agreement.


21. Notices

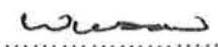
- 21.1 Any notice or other communication under this Agreement shall be given in writing and delivered by hand, sent by pre-paid post, or electronic mail to the Party's address.
- 21.2 A notice is taken to be duly given and received:
 - i. if delivered by hand, when delivered; or if delivered by prepaid post, three business days after being deposited in the mail with postage prepaid; or if delivered by email, at the time that the recipient party confirms, by non-automated email, receipt of the notice.


22. General

- 22.1 The terms of this Agreement may only be varied by Agreement in writing between the Parties.
- 22.2 All provisions of this Agreement are legally binding and shall be construed and take effect in accordance with the laws in force in New South Wales.
- 22.3 This Agreement constitutes the entire agreement between the Parties as to its subject matter and supersedes all earlier agreements, arrangements or understandings about that subject matter or any part or aspect of that subject matter.
- 22.4 If any clause or any part of this Agreement or the application of the same to any Party shall for any reason be adjudged by a court or other legal authority of competent jurisdiction to be invalid, such judgement shall not affect the remainder of this Agreement, the terms of which shall remain in full force and effect.
- 22.5 This Agreement may be executed in any number of counterparts each of which when so executed shall be deemed to be original and all of which shall constitute one and the same Agreement.

Agreement
SIGNED for an on behalf of **SESLHD** by:



.....
Signature of authorised representative



.....
Name


.....
Capacity
Date 27.1.21

SIGNED for and on behalf of **Karitane** by:


.....
Signature of authorised representative


.....
Name


.....
Capacity
Date 28/1/2021

SCHEDULE A: Meeting Governance



Karitane

Trim: D20:

TERMS OF REFERENCE

SESLHD & Karitane First 2000 Days Collaboration

1. MEMBERSHIP

Membership of the Committee will include but not be limited to the following key stakeholders or their delegates:

Director Population and Community Health (Marianne Gale)
General Manager, Mental Health (Angela Karooz)
Director, Child, Youth and Family (Michelle Jubelin)
Manager Women's and Children's Health Stream SESLHD (Helen McCarthy)
Director, Oral Health (Claire Phelan)
Chief Executive, Karitane (Grainne O'Loughlin)
NHMRC Senior Research Fellow, School of Women and Children's Health UNSW (Sue Woolfenden)
Manager, Health Promotion SESLHD (Myna Hua)
Child and Family Nurse Manager (Alex Read)
SESLHD Child and Family CNC (Jennifer Parker)
Manager Service Integration and Equity (Amanda Webster)
Safe Start Coordinator Mental Health (Melissa Coates)
Midwifery Clinical Co-Director, Maternity Services, Royal Hospital for Women (Helen Jarman)
Children and Communities Coordinator (Tania Rimes)
Early Parenting Program Coordinator (Helen Rogers)
Karitane (Angela Wood)
Karitane (Martha Vasquez)

2. QUORUM REQUIREMENTS

A quorum shall consist of 50% of the membership plus one, with at least one representative from SESLHD and Karitane

Where possible, members should send a delegate if unable to attend

3. ROLE

The SESLHD & Karitane Collaboration provides advice and guidance on the partnership and strategic direction of the SESLHD and Karitane agreement for Bondi Westfield and future opportunities for collaboration and placed based initiatives.

This will be achieved through, ensuring a coordinated and collaborative approach to the planning, development, implementation and evaluation of key projects and strategic directions under the First 2000 Days

4. TERMS OF REFERENCE

- Embed a co-design approach for the delivery of services to families attending Bondi
- Ensure involvement of key partners
- Provide advice on strategic planning, models of care, and related activities

DocId: 58551021

Date:

Page 1 of 2

TERMS OF REFERENCE

SESLHD & Karitane First 2000 Days Collaboration

- Establish key performance measures and evaluate the impact of these initiatives
- Provide a forum to share information to continuously improve practice across SESLHD and Karitane in the early years
- Develop, implement, monitor and advise on service delivery and the establishment of potential placed based initiatives across SESLHD
- Identify opportunities for activities, including specific projects, research and quality improvement activities, which can be implemented locally by SESLHD and Karitane
- Review and monitor the availability of SESLHD and Karitane data, and support improved utilisation of the data to facilitate evidence based responses
- Respond to identified issues that impact on the ability of children and families to improve their health and well-being through early intervention and prevention strategies
- Ensure consultation occurs with all communities, in particular Aboriginal and culturally and linguistically diverse, to support the delivery of services that are culturally appropriate and safe, for service planning and development of strategies to enhance access to health services

5. FREQUENCY OF MEETINGS

The Committee will meet monthly, or more frequently as required

6. EXECUTIVE SPONSORS

- Director, Population & Community Health, SESLHD
- Chief Executive, Karitane

7. CHAIR

- Michelle Jubelin, Director Child, Youth and Family SESLHD
- Grainne O'Loughlin, Chief Executive Karitane

9. SECRETARIAT

- SESLHD CYFS - Service Integration and Equity

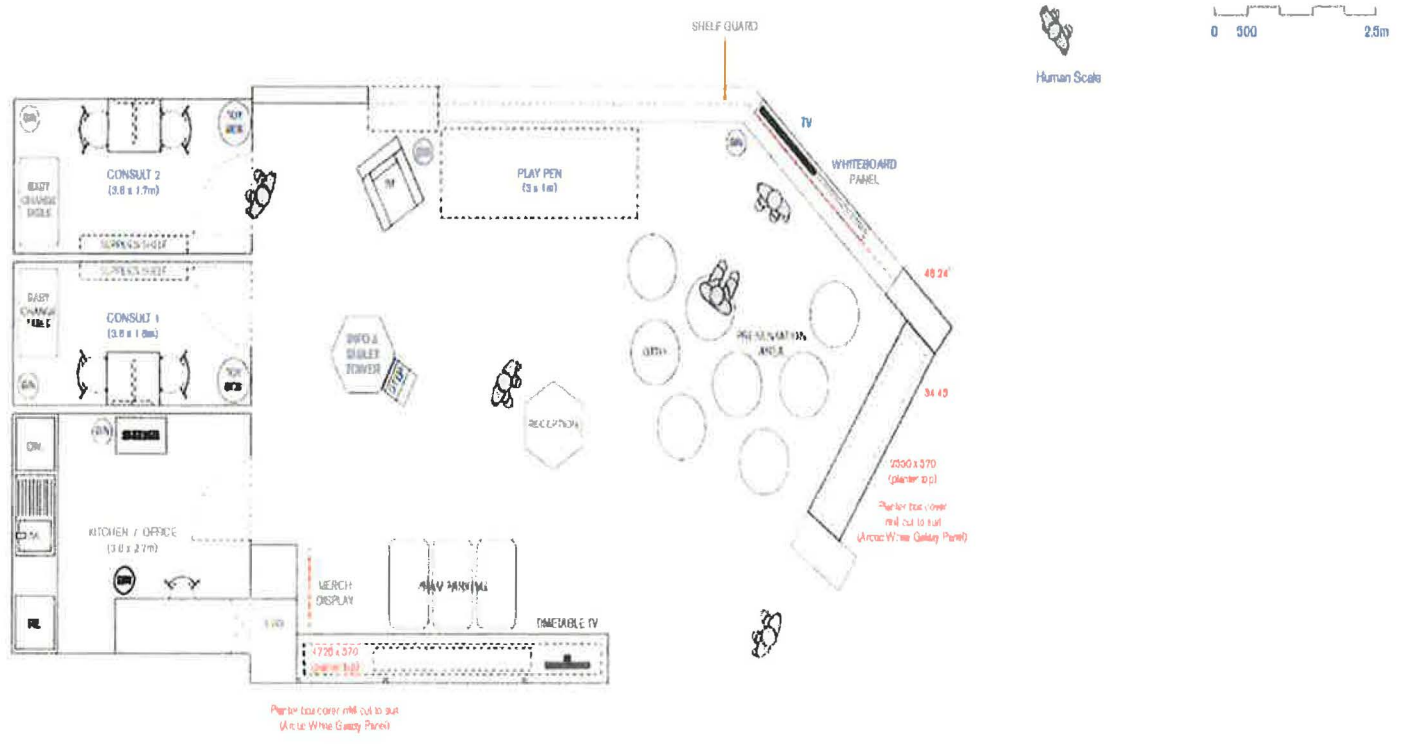
10. METHOD OF EVALUATION

An annual evaluation by Members will be undertaken using the SESLHD Templates. The Terms of Reference will be updated as required and in response to the annual evaluation

SCHEDULE B: Floor Design Westfield Bondi Karitane

1. Floorplan \ Bondi Junction Tenancy

If the artwork is approved please indicate this in the Yes/No box below. If you have any specific feedback or amendments, use the Comments tool and please make sure it incorporates the thoughts of all relevant stakeholders.



Schedule C: Overview of Karitane Services

Karitane
Early Parenting Store

with you every step of the way

Parenting can be the hardest job you will ever do. We want you to know that you're not alone!

Drop in for a quick chat with one of our experienced Child and Family Health Nurses, attend one of our popular parenting workshops or book in for a consultation for an individualised parenting plan specifically developed for your family.

FREE Consultations

Initial Consultation

This is your first visit with an expert Karitane Child and Family Health Nurse to understand your baby's daily routine, nutrition, sleeping and development and receive an individualised parenting plan filled with strategies to support your family.

60 minutes

Follow Up

After taking home and working with the strategies in your parenting plan, come back and let's talk about what's working and answer any questions you may have or discuss new challenges you are facing.

30 minutes



Karitane is a not for profit organisation & registered charity committed to supporting families

FREE Parenting Workshops

Monday to Saturday

10:00 - 10:30am

Sunday

10:30 - 11:00am

30 minutes includes Q&A

Choose a topic important to you and join other parents, as our expert Child and Family Health Nurse provides tips and strategies to overcome parenting challenges.

Sleep and Settling 0-12mths and 12 mths +

Want more sleep? Here you will learn your baby/toddler's sleep cues, needs and most importantly strategies to settle your child to sleep.

Breastfeeding your baby 0-6mths

Breastfeeding is a special and unique experience for families, as no two mothers or babies are the same, join our workshop to get tips to overcome common challenges.

Bottle feeding your baby

While we acknowledge breastfeeding is best, we support and respect a parent's decision to bottle-feed. Join our workshop to discuss the practicalities of bottle feeding.

Starting Solids

Starting solids is an exciting milestone in your baby's development. With all the advice and information knowing where to start can be confusing. Learn how, why and when from the experts.

Managing fussy eating with your toddler

Toddlers are full of energy and determination which can make meal times challenging. This workshop will share handy tips for making the most of meal times with your toddler.

Toilet Training

Curious on when and how to start? Toilet training is a major milestone for your toddler. Gather some information on how to start this exciting task and manage some of the challenges.

The Wonder of Toddlers

Your toddler is still just discovering the world around them, they are also discovering their emotions. This workshop will help you understand your toddler's emotional world and show you how to support them.

Play and Brain Development

Play is an essential part of your baby's day. Find out ways to nurture your baby's brain development through play.

Infant Massage

Baby massage is a wonderful gift you and your baby. This workshop is an introduction to baby massage and how you can incorporate it into your daily routine.

Adjusting to Parenting & Self Care

Becoming a parent is such an exciting time in your life, but as with anything it comes with its own stresses and challenges. This workshop explores the challenges that parents face.

Being a Dad

This workshop will discuss the positive opportunities new dads have to support their children's development.

Returning to work

So being family and career can be a challenge, but being that you're struggling. This workshop will help you work out how to prepare your return to work.

The wrap that gives back

Sleep and settling is the number one topic we are asked about at Karitane. Often it can be the reflexes of newborn babies that startle them to wake. As a helpful technique to calm your baby and improve sleep we recommend wrapping your baby until they are 3 to 4 months old.



Karitane partner with Australian owned L'N Fraser who offer high quality 100% cotton jersey wraps for your baby. Light and breathable these 120cm x 120cm wraps are warm in winter, cool in summer, allow for a natural sleep position and can be used as a feeding cover, light cot blanket, security blanket or play rug.

100% of profits from every L'N Fraser baby wrap purchased through Karitane goes back to Karitane supporting more families with life changing services.

Buy a wrap from the Karitane Early Parenting Store or www.karitane.com.au/supportkaritane

Contact Details

Workshop: 500 Oxford Street, Surry Hills, Sydney NSW 2012
 (Level 5, next to Target)
 Phone: 02 9101 2188

Booking

To view our website, go to www.karitane.com.au to book a consultation or parenting workshop.

1. Online through our website www.karitane.com.au/book
2. Drop into our store, meet our family nurse and book your appointment.
3. Call us on 02 9101 2188

Disclosure

We do about 50 out of pocket charges for our consultations and workshops, run by expert Child and Family Health Nurses using our own in-house resources.

Opening Hours

*Monday, Tuesday, Wednesday, Friday: 9:30am - 6pm
 Thursday: 9:30am - 3pm
 Saturday: 10am - 4pm

Our Vision

Leaders in early parenting services that empower families and children to be confident, safe & resilient.



Careline: 1300 CARING (1300 227 464)

For regular updates and parenting tips visit www.karitane.com.au



Schedule D: Overview of Services

