



Dr Sarah Wenham MBChB, MRCP (UK), FRCP (UK), FRACP, FACHPM

Current roles

Far West Local Health District, NSW Health

Executive Director – Medical Services

March 2023 – current

Acting: Sept 2022 – March 2023

Responsible for oversight, development and sustaining effective provision of medical services across the Far West LHD, including medical workforce strategic planning, recruitment, retention, medical training programs, and consultation with external medical providers.

Contributes to the strategic planning, leadership and delivery of evidence-based, high-quality and safe medical services in the District, in close partnership with Clinical Operations and Clinical Governance Directorates.

Maintains fractional clinical role (0.1 FTE) as Senior Staff Specialist – Specialist Palliative Care Physician across Far West LHD.

Far West Local Health District, NSW Health

Senior Staff Specialist – Specialist Palliative Care Physician

November 2012 – current

Medical Referee, NSW

Appointed by NSW Director General

September 2015 – current

Agency for Clinical Innovation, NSW Health

Co-Chair, End of Life and Palliative Care Network

Co-Chair: July 2020 – current

Executive: February 2015 – current

Member: November 2012 – current

Recent experience

Far West Local Health District, NSW Health

Director – Prevocational Education & Training (DPET)

July 2018 – November 2021

Director – Assistance in Medicine (DAiM)

June 2020 – November 2021

University of Liverpool, Liverpool, UK

Honorary Clinical Lecturer, School of Medical Sciences

November 2011 – July 2012

Trinity Hospice, Blackpool, UK

Community Consultant – Palliative Medicine

October 2010 – July 2012

North Western Deanery, Manchester, UK

Specialist Registrar (SpR) – Palliative Medicine

August 2004 – October 2010

Sydney Institute of Palliative Medicine, Sydney LHD, NSW

Advance Trainee (Registrar) – Palliative Medicine

January – July 2004

St Ann's Hospice, Little Hulton, Manchester, UK

Medical Officer (Registrar) – Palliative Medicine

November – December 2003

Hospice Africa, Kampala & Hoima, Uganda

Volunteer Medical Officer – Palliative Medicine

August – October 2003

Christie Hospital, Manchester, UK

Senior House Officer (SRMO) – Haematology Oncology

February – August 2003

St Ann's Hospice, Little Hulton, Manchester, UK
Senior House Officer (SRMO) – Palliative Medicine August 2002 – February 2003

Royal Bolton Hospital, Bolton, UK
Senior House Officer (RMO) – Acute General Medicine August 2000 – August 2022
Pre-Registration House Office (Intern) – Medicine & Surgery August 1999 – August 2000

Education and qualifications

Royal Australasian College of Medical Administrators, Melbourne, VIC Candidate: RACMA Fellowship Training Program	Current
Monash University, Melbourne, VIC Candidate: Master of Health Administration	Current
Royal College of Physicians, London, UK Fellowship of the Royal College of Physicians (FRCP)	May 2020
Royal Australasian College of Physicians, Sydney, NSW Fellowship of the Australasian Chapter of Palliative Medicine (FACHPM)	February 2015
Royal Australasian College of Physicians, Sydney, NSW Fellowship of the Royal Australasian College of Physicians (FRACP)	February 2015
General Medical Council, London, UK Certificate of Completion of Training (CCT) – Palliative Medicine	May 2010
Royal College of Physicians, London, UK Membership of the Royal College of Physicians (MRCP)	April 2003
University of Manchester, Manchester, UK Bachelor of Medicine, Bachelor of Surgery (MB ChB)	July 1999

Awards

Far West LHD Awards 2022	2022
<ul style="list-style-type: none"> • Winner: Extraordinary Medical Staff Member Award • Winner: Inspiring Team (Palliative Care & Cancer Services Team) • Winner: Health Innovation Award (COVID-HITH in RACF Project) 	
Palliative Care Australia National Palliative Care Awards 2019	2019
<ul style="list-style-type: none"> • Winner: Excellence in Palliative Care - Rural & Remote Award 	
Far West LHD Awards 2019	2019
<ul style="list-style-type: none"> • Winner: Medical Staff Leadership Excellence Award • Winner: Medical Staff Clinical Excellence Member Award • Winner: Large Project Award (Far West Palliative Approach Framework Project) • Winner: People's Choice Award (Far West Palliative Approach Framework Project) 	
NSW Rural Health & Research Congress Awards 2016	2016
<ul style="list-style-type: none"> • Winner: Best Rural Research Presentation based on Rigorous Methods Award 	
Far West LHD Awards 2016	2016
<ul style="list-style-type: none"> • Winner: Collaborative Team of the Year Award (Palliative Care Team) • Winner: Commendation Award (Transforming M&M Meeting Project) 	
17th NSW Health Awards 2015	2015
<ul style="list-style-type: none"> • Finalist: Staff Member of the Year Award 	
Far West LHD Awards 2015	2015
<ul style="list-style-type: none"> • Winner: Excellence in Customer Service Individual Award 	

Board Appointments

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| Mildmay Mission Hospital, London, UK | January 2011 – July 2012 |
| <ul style="list-style-type: none"> • Trustee (Member of Board) • Chair, Clinical Governance Committee | |

Professional Memberships and Appointments

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| Flinders University, Adelaide, SA | |
| <ul style="list-style-type: none"> • Expert Reviewer, CareSearch Acute Care Review Committee | Apr – Dec 2022 |
| Therapeutic Guidelines, Melbourne, VIC | |
| <ul style="list-style-type: none"> • Expert Reviewer, Palliative Care Version 5 Expert Writing Group • Expert Reviewer, Palliative Care Version 4 Expert Writing Group | Jan 2021 – Dec 2022
Apr 2015 – Jul 2016 |
| Australian and New Zealand Society of Palliative Medicine (ANZSPM) | |
| <ul style="list-style-type: none"> • Member, Rural & Remote Specialist Interest Group Committee • Invited Member, 2018 Biennial Conference Organising Committee • Member | Sep 2019 – current
Jun 2017 – Sep 2018
Jun 2016 – current |
| Palliative Care NSW | |
| <ul style="list-style-type: none"> • Invited Member, 2016 Biennial Conference Organising Committee • Member | Apr 2015 – Oct 2016
Nov 2012 – current |

Professional Development Activities

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| RACMA Fellowship Training Program | 2023 – current |
| RACP Annual Continuing Professional Development (CPD) Program | 2012 – current |
| RCP (UK) Annual Continuing Professional Development (CPD) Program | 2010 – 2018 |

Research Projects

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| NSW Standardisation of Management of Tunnelled Pleural and Ascitic Drains in Palliative Care
<i>SPHERE Palliative Care Clinical Academic Group & Stanford School of Medicine</i> | Feb – Aug 2021 |
| <ul style="list-style-type: none"> • Project Team Member | |
| Far West Electronic Palliative Approach Framework (ePAF)
<i>Western NSW Primary Health Network, Far West LHD & Western NSW LHD</i> | Oct 2017 – Sep 2020 |
| <ul style="list-style-type: none"> • Funding: \$830,000 Commonwealth Greater Choice for At Home Palliative Care Measure • Chief Investigator | |
| The Far West Palliative Approach Framework: providing patient-centred high quality palliative and end of life care for rural and remote communities | Jul 2016 – Jun 2018 |
| Far West LHD & University of Sydney Department of Rural Health (UDRH) Broken Hill | |
| <ul style="list-style-type: none"> • Funding: \$239,806 NSW Translational Research Grant Scheme Round 1 • Ethics: Approval granted through the Greater Western Human Research Ethics Committee (HREC/16/GWAHS/136) • Chief Investigator | |
| Perceptions and attitudes of HIV Physicians and Palliative Medicine Physicians towards access of Specialist Palliative Care Services in Greater Manchester by patients with HIV/AIDS in the Post-HAART Era | Aug 2006 – Sep 2007 |
| <ul style="list-style-type: none"> • North Western Deanery Specialist Registrar Training Research Project • Chief Investigator | |

Publications

- Invited Expert Author: Palliative Care (version 5) Therapeutic Guidelines (2023 – pending publication)
 - Wenham S, Saurman E, Cumming M. A new model for a palliative approach to care in Australia. *Rural and Remote Health* 2021; 21: 5947. doi:10.22605/RRH5947
 - Wenham S, Cumming M & Saurman E. Improving palliative and end of life care for rural and remote Australians. *Public health research and practice*. March 2020. *Public health res pract.* 2020;30(1):e3012001. doi:10.17061/phrp3012001
 - Saurman E, Lyle D, Wenham S & Cumming M. A mapping study to guide a palliative approach to care. *Rural and remote health*. February 2019. *Rural and remote health* 2019; 19:4625. doi:10.22605/rrh4625
 - Invited Expert Author: Pharmaceutical Society of Australia. Palliative Care Essential Continuing Professional Education (CPE), Pharmaceutical Society of Australia (2019)
 - Invited Expert Author: Palliative Care (version 4) Therapeutic Guidelines (2016)
 - Saurman E, Wenham S, Lyle D & Cumming M. Palliative and End-of-Life Care in the Far West – the research journey. *NSW Health Office for Health and Medical Research Newsletter* (April 2016)
 - Wenham S, Smith K, Taylor C, Greenall M, Atcheson L, Haythornthwaite C, Dickman A. Just in Case 4 Core Drugs Prescribing Booklet and Pack: Cross-organisational integrated documentation for anticipatory prescribing at the end of life. *BMJ Supportive & Palliative Care* 2012; 2 (Supp 1): A69 (online e-journal: doi:10.1136/bmjspcare-2012-000196.201)
 - Wenham S, Huttley J, Naylor C. Impact of Availability of Community-Based Services at the End of Life on Preferred Place of Care: A snapshot survey of patient and carers views. *BMJ Supportive & Palliative Care* 2012; 2 (Supp 1): A83 (online e-journal: doi:10.1136/bmjspcare-2012-000196.243)
 - Wenham S, Whitfield A, Au G, Martin M, Salt S, Smith K. Setting up an End of Life Steering Group for a Health and Social Care Economy: Start small, aim big! *BMJ Supportive & Palliative Care* 2012; 2 (Supp 1): A84-A85 (online e-journal: doi:10.1136/bmjspcare-2012-000196.248)
 - Wenham S, Au A, Martin M. An End of Life Resource Pack to Facilitate Learning and Delivery of End of Life Care in the Community. *BMJ Supportive & Palliative Care* 2012; 2 (Supp 1): A115 (online e-journal: doi:10.1136/bmjspcare-2012-000196.338)
 - Wenham S, Hobson K, Farrington K, Gomm S. Use of the Liverpool End of Life Care Pathway and Symptom Management in Patients Dying with Advanced Chronic Kidney Disease: A survey of hospital renal services in England. *Palliative Medicine* 2010; 24(2): 237 and 24(4): S174. Also <http://www.britishrenal.org/Conferences/Conferences-Home/>
 - Wenham S, Wilkins E. Specialist Palliative Care for HIV in the HAART Era: A qualitative study of HIV and Palliative Medicine physicians. *Palliative Medicine* 2008; 22(4): 476-477 and 22(4): 590
 - Wenham S, Hobson K, Gomm S, Ingle S. Nausea and Vomiting in Advanced Cancer: Use of an assessment and management flowchart improves symptom control. *End of Life Care* 2008; 2(2): 70-7
 - Wenham S, Gomm S. Palliative Care Assessment (PACA) Tool – an effective clinical outcome measure for a hospital palliative care team? *Palliative Medicine* 2006; 20(2): 151 and 20(3): 338
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