## Chronic Obstructive Pulmonary Disease (COPD) deaths ages 0 to 74 years (2015 to 2019, MLHD)

COPD is the 4th leading cause of death in people 0 to 74 years

COPD deaths are considered potentially avoidable at ages less than 75 years

There are on average 37
COPD deaths per year in under 75 yrs

19 MALES
18 FEMALES

Average age of COPD death is 67 years in both males and females

of COPD deaths 0-74 yrs are in MALES

COPD is the 5th leading cause of death in males and the 3rd in females

## What is Chronic Obstructive Pulmonary Disease?

Chronic obstructive pulmonary disease (COPD) is the collective term for a number of lung diseases that prevent proper breathing.

Two of the most common types of COPD are emphysema and chronic bronchitis.

Cigarette smoking is the most significant risk factor for COPD.

There is no cure for COPD, but disease management can slow disease progression, relieve symptoms and keep you out of hospital.

Treatment aims to prevent further damage, reduce the risk of complications and ease some of the symptoms.

Treatment options include pulmonary rehabilitation, medicines and oxygen therapy.

Source: