

Annexure B

Email sent 9/9/2022

To Stewart Dowrick's secretary

Hi Tracey, it was great to meet up with Stewart and Penny but I didn't find it that helpful in understanding the vision for the LHD with mental health locally. I am hoping that there will be some master plan eventually that could be shared with the GPs in primary care. Our breakfast also resulted in incorrect information being relayed eg that LHD is actually already collecting ACE scores on mental health patients and could communicate these to GPs in the discharge summaries, but actually they aren't being collected and there is no immediate plan to do this.

Following up on that meeting I am still interested on the actual number of DCS we have had at Coffs over the last 10 years. Rumours are not that reliable! I am also interested if there has been any advocacy from Stewart to the state government to lobby for additional junior staff in light of the significant short fall we have compared to Wagga?

I am still going around and around with patient's who bridge drug and alcohol services and mental health services not being able to access dental in a timely manner and am interested if there has been any internal referral pathways strengthened so that patients who are case managed or admitted under mental health and or drug and alcohol get an **automatic** dental referral and hopefully review while an inpatient or attending for opioid dosing?

I am not clear of what after suicide attempt care the LHD offers (apart from ACS phone calls in the first week or 2 in most cases). My friend who had a serious suicide attempt last year eventually found her way through a lot of self searching to the Wesley post suicide attempt support group which she found highly beneficial. I would like to know if there is automatic referral to Wesley group as well as connect to wellbeing suicide prevention stream (PHN run, no mental health care plan needed) for those who are seen with suicide attempts but not admitted.

I am pleased to hear the hospital is going to open a pacemaker clinic and am interested on the timing of when this service is expected to be up and running.

I am happy to communicate by email/letter as Stewart's time I imagine is heavily booked.

Nicola