



Network Information

Psychiatry Trainee Recruitment for 2025



HUNTER NEW ENGLAND TRAINING IN

Psychiatry



Registrar Training in Psychiatry



HNET
Psychiatry



About HNET

Visit our website: <https://www.hnehealth.nsw.gov.au/HNET>



HNET refers to Hunter New England Training (in Psychiatry)

HNET is an integrated unit within Hunter New England Mental Health (HNEMH) catering for all the training and administrative needs of medical staff in our service.

The HNET Philosophy

We believe the HNET philosophy is a unique one in Australian psychiatry training. Our belief is that health service needs should support training and vice versa.

We also believe in recognising psychiatry trainees at an early stage and supporting them in their career choice.

We place great emphasis on those trainees who join our service, offering a tailored training program, which have led to very high written and clinical examination success rates since 2004.

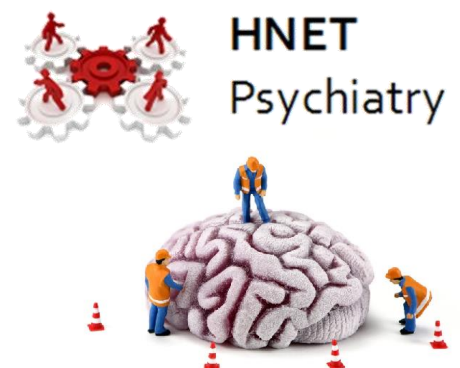
We offer high quality Advanced Training placements in a range of sub-specialty areas in our service and the majority of such Fellows join our service as Staff Specialists upon graduation.

The trainees work as a part of a multidisciplinary team and HNET has a well developed and awarded pre-vocational training program with a large number of interns and residents working in Mental Health.

Hunter New England Health - a great place to work, a great place to live

The Hunter New England lifestyle is one of the best on offer in Australia, whether you are seeking comfortable cosmopolitan beach-side living or a semi-rural relaxed lifestyle.

Construct your Career with





HNET
Psychiatry

REGISTRAR POSITIONS

HNET is proud of its premier Psychiatry Training Program

Each year we select 8-10 First Year Trainees to join our Registrar cohort. Psychiatry Trainees who are successful in being appointed to the HNET Network are provided with a well supported training experience, which allows them to fulfill all of their Fellowship training requirements with the Royal Australian and New Zealand College of Psychiatrists (RANZCP).

Registrars typically undertake the first 12-months of their training as full time. You will commence your training in Adult Psychiatry, which is available at the Mater Hospital and James Fletcher Hospital in the Newcastle area, The Maitland Hospital, Morisset Hospital, Manning Base Hospital, Armidale or Tamworth Rural Referral Hospital.

A 6-month rural rotation is required for psychiatry trainees in NSW and our current sites for this are Tamworth, Armidale and Taree. On secondment, you will receive travel support, accommodation, a grade higher in pay, and access to the training program via videoconference.

Since 2007, the local Formal Education Course has been provided free of any cost to HNE network trainees!

We honestly believe that HNET is not only one of the best psychiatry training programs in NSW but one of the best in Australia and New Zealand. But don't ask us - speak to our trainees and Consultants.

Other mandatory basic training experiences are Child and Adolescent, available at the Nexus Inpatient Unit or the Newcastle, Lake Macquarie, Hunter Valley, Taree or Tamworth community CAMHS Services; and Consultation-Liaison Psychiatry, available at either the Mater, John Hunter, Maitland, or Tamworth Hospitals. The remainder of training consists of electives and various assessments, including a scholarly project, a long psychotherapy case, workplace based assessments (WBAs) that lead to entrustable professional activities (EPAs), and examinations (both written and clinical).

The type of elective rotations we have available include:

- Various community mental health service rotations
- Older persons psychiatry
- Forensic psychiatry
- Neuropsychiatry
- Rehabilitation psychiatry
- Addiction psychiatry
- Drug & Alcohol community secondment
- Education and training rotation
- Psychotherapy training

HNET is an award-winning training program.

In 2008, HNET was a recipient of the HNE Health Quality Award and a finalist in the NSW Health Quality Awards for its training programs. More recently in 2021, HNET was a finalist in the HNE Health Excellence Awards, High Value Health Care Award (People & Culture) with a submission titled "Training and sustaining a psychiatry medical workforce".

Training is tailored to the developmental level of the trainee with specific lectures provided to First Year trainees, trainees midway through their training, and trainees approaching examinations. Teachers include local experts as well as binational and international experts.

Trainees have protected time to attend lectures during work hours. HNET has an excellent reputation for training that is exemplified by the success of our trainees - HNET registrars are highly successful in their RANZCP examinations, evidenced by a high pass percentage comparative to the rest of Australia and New Zealand.





HNET
Psychiatry

Advanced Training

What happens after Basic Training?

Following successful completion of Basic Training requirements, registrars are invited to apply for Advanced Training positions in the generalist stream or in the subspecialty streams. Advanced Trainees are supported to attend an appropriate educational program, as part of their work time. Ultimately, we hope that our trainees will take up a senior position in our organisation as a Staff Specialist.

HNET encompasses the full spectrum of Advanced Training opportunities available under the RANZCP

Recent HNET Advanced Trainees have achieved subspecialty Advanced Training Certificates in the following subspecialties:

- Adult
- Child and Adolescent
- Consultation-Liaison
- Forensic
- Older Persons
- Psychotherapy
- Addiction

Formal training for Advanced Trainees is generally organised on a Statewide or even binational level

HNET supports its ATs in attending appropriate formal training with paid study leave. We also recognise that Advanced Training is a particularly important phase in your development as a Consultant Psychiatrist and therefore provide a local training and mentoring program to assist you in the development of professional and consultant level skills in order to prepare you for the next step in your career.

Our advanced trainees form peer review groups in preparation for formal CPD requirement and play key leadership roles in the service, often taking on senior tasks such as developing policies and guidelines, committee participation, organisation of training programs and administration for other medical staff.

HNET also welcomes applications for Advanced Training from suitable Registrars not currently working for HNE Local Health District.

Support for your Medical Education

The Medical Education Support Officer is a full-time role dedicated to training and is the main point of contact for College Trainees. The MESO organises regular training sessions for Stage One and Stage Two registrars, as well as exam preparation sessions for College written examinations.

The training scheme keeps a record of all training activities and can advise on trainees' College trajectory. It is important to note that **training for College trainees in our region is free!**

One of the impressive achievements of HNET is that all of its formal training programs are delivered in live sessions with face-to-face delivery, as well as being videoconferenced to enable trainees to participate in education from distant sites.

Medical Administration is part of the overall HNET Unit

Medical Administration is likely to be your first point of contact on commencing with the service and will assist you in organising registrations, visas (where required), pay documentation and orientation requirements, as well as being responsible for organising the after hours roster for the junior and senior medical staff.

HNET Key Contacts:

Dr Sandip Anand,
Director of Medical Services
49647000
Sandip.Anand@health.nsw.gov.au

Balkarishna Nagarsekar
Director of Medical Services
4033-5160
Balkrishna.Nagarsekar@health.nsw.gov.au

Dr Harsimrat Sandhu,
Director of Training:
4033-5158
Harsimrat.Sandhu@health.nsw.gov.au

Medical Education Support Officer:
4033-5157
HNELHD-MESOPsych@health.nsw.gov.au

Dr Vinodkumar Raveendran,
Prevocational Education & Training
4033-5155
Vinodkumar.Raveendran@health.nsw.gov.au

Medical Administration:
4033-5156
HNELHD-HNET@health.nsw.gov.au



THE HUNTER NEW ENGLAND LIFESTYLE

	<p><i>Newcastle</i> Unofficial capital of the Hunter region and NSW's 2nd largest city. Home to HNEMH HQ, Child Unit and Acute Inpatient Services, and University of Newcastle.</p>	<p><i>Lake Macquarie</i> Sister city to Newcastle. Family oriented Lake-side living. Rehabilitation and Forensic Inpatient Services based at Morisset Hospital</p>
	<p><i>Maitland and the Hunter Valley</i> The Region's fastest growing area and Australia's best known wine region. Maitland Mental Health Unit at Maitland Hospital and Integrated Community Services.</p>	<p><i>Manning</i> Natural lake paradise and summertime beaches without the crowd. Inpatient and community mental health services at Manning Hospital</p>
	<p><i>Tamworth</i> Big sky country. Country Music Capital. NSW's busiest and largest Emergency Department. Inpatient and community mental health services.</p>	<p><i>Armidale</i> Cosmopolitan rural city, hosting a regional medical school (University of New England). Small voluntary inpatient unit and attached community mental health services</p>

Hunter New England Health:

- Provides care for approximately 921,000 people, including 53,000 Aboriginal and Torres Strait Islander people
- Covers a geographical area of over 130,000 square kilometres - the size of England
- Employs approx. 16,000 staff
- Is supported by 1600 volunteers
- Spans 25 local government areas
- Has strong academic and research links with the two University medical schools in the region (UON and UNE) and the Hunter Medical Research Institute, NSW's largest medical research organisation
- Places a strong emphasis on medical leadership in the management and improvement of its services
- Has an international reputation for innovation and reform in health
- Places a strong emphasis on career development with several high quality training programs for medical specialists
- Values contributions from all of its medical staff, including recognising the contribution of international medical graduates who frequently seek out positions in our service based on our reputation for support





HNET
Psychiatry

YOUR FORMAL EDUCATION PROGRAM IS FREE

That's right! No cost to HNE trainees for our College accredited course which has been rated one of the best in Australia and New Zealand based on trainee feedback.

UNIQUE AND EXCITING ADVANCED TRAINING OPPORTUNITIES

We have a comprehensive suite of well-supported advanced training terms in all specialties, including Neuropsychiatry and Education.

THE SUPPORT YOU RECEIVE FROM THE EXPERIENCED AND ENCOURAGING HNET TEAM IS SECOND TO NONE

A unique approach with specific Coordinators of Training with clear tasks of coordinating assessments and assisting with projects.

Meet our SCoTs at www.hnehealth.nsw.gov.au/hnet

THE HUNTER NEW ENGLAND BEACHES AND COUNTRYSIDE ARE BEAUTIFUL PLACES TO LIVE AND WORK

From the beaches of Newcastle to the Hunter Valley vineyards to the rolling hills of the country, there is something to suit every taste in the Hunter New England region.

10 REASONS TO TRAIN WITH HNET PSYCHIATRY

SUPPORT FOR RURAL TRAINING

A NSW provider of specially funded rural training pathways for individuals.

YOU CAN SUCCESSFULLY COMPLETE ALL OF YOUR TRAINING WITHIN HNET

EXAM & HURDLE TASK PASS RATES EXCEED STATE AND BINATIONAL AVERAGES

Dedicated exam preparation programs with input from experts in the field and previous successful candidates.

COLLEGIATE ATMOSPHERE

Peer support groups, mentoring programs, and HNET sponsored social events.

YOU CAN COUNT ON SUPPORT FOR PROFESSIONAL DEVELOPMENT

For example, communication skills training, leadership and management support, specific psychotherapies, conjoint appointments with the University, etc.

THE SIZE OF THE PROGRAM IS NEITHER MONOLITHIC, NOR BOUTIQUE

**MEDICAL STUDENT
TEACHING SUPPORT**

Orientation

JMO Training HNAPP accelerated program for those with interest in psychiatry

RANZCP Formal Education Course including communication skills training with simulated patients

Subsidised training for HNE trainees (saving of about \$20,000)

EXAM PREP MCQ / ESSAY
OSCE

SCHOLARLY PROJECT SUPPORT

Facilitating mentoring, peer group and social activities

Psychotherapy training & supervision

CBT / Anxiety training clinic

Leadership & Management training

Exciting range of terms e.g., IRTP / STP
Education Neuropsychiatry

Fellowship....

IT'S TIME TO CELEBRATE!



Health
Hunter New England
Local Health District



HNET
Psychiatry

supporting
your
training

<https://www.nslhd.health.nsw.gov.au/ptc/Pages/default.aspx>

Network B (Northern Sydney Central Coast Psychiatry Training Network)

Network B comprises an excellent network of hospitals and community services with units of world repute, spanning four Local Health Districts (Northern, Central Coast, Western and Far Western).

Our training Network covers a wide area, demographically and geographically providing numerous opportunities for living close to work, whether one prefers urban, suburban, semi-rural or rural settings. We offer over 120 accredited training posts and four relief posts throughout the training Network. Training opportunities include a variety of sub-specialties such as Addictions, Aged Care, Child & Adolescent, Consultation Liaison, Rehabilitation, Forensic and Community Psychiatry.

Training is enriched by the variety of positions in the public sector but also by training in the private and NGO sectors, offering experience in terms such as Mood Disorders, Eating Disorders, Perinatal Psychiatry, Aboriginal Mental Health and Psychotherapy. There is a strong academic presence at Royal North Shore Hospital, which has a leadership role in research in psychological medicine. The editors of both RANZCP journals work within Network B. We have a long tradition of training quality psychiatrists and many of those who trained locally now provide supervision to current trainees.

<https://healthnswgov.taleo.net/transition/transition/TransitionImageViewer.jss?imageCode=NSLHD13>

Where you will be working

Network B is a comprehensive training Network which offers all mandatory training on a rotational basis within the Network. Network B covers 4 Local Health Districts:

Northern Sydney LHD

Central Coast LHD

Western NSW LHD

Far Western New South Wales, and includes placements to Justice Health and other health care providers e.g.

the private sector. Doctors are required to rotate through terms/hospitals in the Network including rural placements

South Eastern Sydney Illawarra (SESI) Psychiatry Training Network



The SES Psychiatry Training Network boasts a range of career, lifestyle and training opportunities that are unsurpassed. We include three universities, multiple teaching hospitals and over one hundred and fifty Royal Australian and New Zealand College of Psychiatrists (RANZCP) accredited training positions. Many services have supportive RMO rotations. In Sydney the Network includes St Vincent's, Prince of Wales, St George and Sutherland Hospitals and community Health Centres. Secondments are available to Byron Bay, the Tweed and Lismore in the glorious North Coast of NSW and the Illawarra Hospitals just to the south.

SESI is a large Psychiatry Training Network providing a complete RANZCP accredited program from Basic through to completion of Advance training. Trainees rotate through all the mandatory terms and have a choice of a broad range of additional placements including subspecialties as diverse as Old Age Psychiatry, Child Psychiatry, Early Intervention, Emergency Psychiatry, Private hospitals, Peri-Natal Psychiatry, Justice Health, Addictions, Neuropsychiatry, Psychotherapy and Intellectual Disability Psychiatry. There are many professorial units to which trainees can be allocated, including the Black Dog Institute, CRUFAD, Tertiary Referral for Psychosis service and CASPAR Youth Mental Health.

Although we span a large service, each six month rotation sees you as part of a small functioning unit with its own culture and cohesion. You will have variety, from rural to inner city, the richest and the poorest areas of NSW, from pre-natal mental health to old age. Trainees are a welcome part of the team, working alongside psychiatrists.

Each site has a local psychiatrist who coordinates training, Site Co-ordinator of Training (SCoT). The trainees have a strong voice in plans for training, from the multiple trainee representatives on the Network Training Committee to the Site Trainee Representatives allocated at each hospital. We have an enviable pass rate in the RANZCP exams, supported by specific teaching in examination technique.

You will have the opportunity to join our 20 000 strong workforce serving a population of more than 2 million residents and travellers along the breathtaking NSW coast. Employees enjoy a range of benefits including; salary packaging, flexible work practices in some terms, and continuing education opportunities.

Every six months you will meet with the Director of Psychiatry Training and the Psychiatry Education Support Officer to review your training term and your progress through the RANZCP training process. We try to be as flexible as possible in supporting your training experience including supporting short term secondments to other Psychiatry Networks in NSW and interstate and accrediting short term training experiences overseas.

For further queries:

Sydney

Andrew Pethebridge
Director of Psychiatry Training
SES Psychiatry Training Network
andrew.pethebridge@health.nsw.gov.au

Carmen Wallace

Education Support Officer
SES Psychiatry Training Network
Tel (02) 9113 1527
carmen.wallace@health.nsw.gov.au

Rural (NNSWLHD)

Dr Tessa Cookson

Rural Director of Psychiatry Training
SESI Psychiatry Training Network
Tessa.Cookson@health.nsw.gov.au

Elouise Coppin

Rural Education Support Officer
Elouise.Coppin@health.nsw.gov.au

ISLHD

Stuart Allison / Tad Tietze

Co-SCoTs, Illawarra Hospitals
Stuart.Allison@health.nsw.gov.au
Tadeusz.Tietze@health.nsw.gov.au

Megan Byron

Illawarra Education Support Officer
megan.byron@health.nsw.gov.au



THE ROYAL
AUSTRALIAN AND NEW ZEALAND
COLLEGE OF PSYCHIATRISTS



Sydney South West North Coast Psychiatry Training Network

General Information

The Sydney South West North Coast (SSWNC) Psychiatry Network covers the inner western suburbs of Sydney, and the south western suburbs which are the fastest growing areas in Sydney. The network comprises both rural and urban areas, including a culturally rich and diverse population. The network offers a range of training and lifestyle experiences across the Network's hospitals and community health centres.

The major teaching hospitals affiliated with the University of NSW, University of Sydney and University of Western Sydney, are Liverpool, Royal Prince Alfred, Bankstown, Concord, and Campbelltown.

The SSWMNC Psychiatry Training Network offers trainees the most number of varied accredited training positions:

Adult General Inpatient Psychiatry	Bankstown, Campbelltown, Liverpool, Royal Prince Alfred, Concord, Coffs Harbour and Port Macquarie
Perinatal, Child and Adolescent Psychiatry	Bankstown, Campbelltown, Liverpool, Royal Prince Alfred, Concord, Coffs Harbour and Port Macquarie
Consultation Liaison Psychiatry	Bankstown, Campbelltown, Liverpool, Royal Prince Alfred, Concord, Coffs Harbour, and Port Macquarie
Psychiatry of Old Age	Liverpool, Bankstown, Campbelltown, Braeside and Concord
Early Psychosis Intervention Program	Liverpool and Croydon Community Health Centre
Addiction Psychiatry	Liverpool, Royal Prince Alfred, Coffs Harbour, Port Macquarie
Community Psychiatry	Liverpool, Bankstown, Campbelltown, Camperdown, Canterbury, Croydon, Marrickville, Redfern, Coffs
Rehabilitation and Recovery Psychiatry	Concord and Coffs Harbour
Rural Psychiatry	Port Macquarie, Coffs Harbour and Kempsey

Sydney South West North Coast Psychiatry Training Network

The **aim of the Network training program**, and of the dedicated and committed Director of Psychiatry Training, is to provide a breadth and depth of training that supports trainees in achieving both the highest possible pass rate in the **RANZCP examinations**, as well as great flexibility in long-term vocational preparation. Overtime and After Hours Rostering arrangement across the Network are in accordance with the AMA Safe Working Hours guidelines.

Training Program

The Network training program consists of:

- **Education Sessions, Journal Clubs, Case Presentations** are run weekly at various sites which provide trainees with opportunity to present & discuss their cases, ethical issues, interesting psychiatry journal articles. Guest speakers (includes local experts, as well as bi-national, and occasionally international experts) are invited to come and give talks on variety of topics, ground breaking researches, and new treatments. Trainees are paid to attend these sessions during their work time
- **Exam Preparation** sessions for pre-examination candidates for both written and clinical examinations are run weekly at various sites within network to assist you to prepare for your exams
- **Trial Exams** are organised to give you an opportunity to practice in an exam environment
- **Psychotherapy Supervision** is provided free of charge during working hours by our team of experienced Psychotherapists
- Dedicated **libraries** available at all hospitals, including access to **intranet** and **internet** resources
- **Professional Development** programs such as: Teaching on the Run, Leadership Skills, Stress & Time Management Skills
- **Resource collection** for exam preparation including **OSCE, OCE, M-OSCE**, past RANCP exam papers, comprehensive collection of review articles, core selection of relevant textbooks and clinical tools for exam preparation. All frequently updated at the College website at <http://www.ranzcp.org/>
- Strong **Academic Links** to the University of New South Wales, University of Sydney and University of Western Sydney
- Opportunities for **further research** with many academic units. A number of our trainees have gone on to do higher degrees
- **The NSW Institute of Psychiatry** trainees are given time off to attend the NSW Institute of Psychiatry (half day a week). Tutorials are held both at Rozelle Hospital and the Institute. During Rural Rotation, you will be able to teleconference or video linked into your tutorial group.

Sydney South West North Coast Psychiatry Training Network

About our Network Hospitals:

Liverpool Hospital

Liverpool Hospital has been operating continuously since the end of the eighteenth century. It was originally run as a hospital for soldiers and convicts, probably starting as a tent hospital in the 1790's. The first brick hospital was established in 1813 on a portion of land beside the Georges River. A larger stone hospital building was designed by Francis Greenway, built by convict labour and opened in 1825. This building still stands and is now occupied by the TAFE College next door.



Liverpool Mental Health Service

The Liverpool Hospital Mental Health Centre consolidates a number of area wide and local mental health services in one modern purpose-built facility. The two storey purpose-built facility provides inpatient, outpatient and community adult mental health services for the communities of the Liverpool and Fairfield local government areas.

Area-wide mental health services including research and teaching are provided in conjunction with GPs, non- government organisations, related government departments and universities in NSW.

- **Inpatient Care:**

The general acute adult inpatient services are provided in two 20-bed wings with outdoor courtyards. Special-care suites have been provided to care for people with specific needs. A 10-bed high dependency unit has been provided for consumers who present with complex behaviour problems.

- **Community Mental Health Services:**

Provide assessments and refer people to appropriate services. They also provide treatments which help people manage their mental illness while living at home and provide support for people with specific needs recently discharged from hospital. These services employ mental health professionals from Aboriginal and culturally diverse backgrounds.

- **Therapies and Recovery Service**

Provides treatment programs for people with depression, anxiety disorders or gambling problems and those recovering from psychotic illness. The programs also develop skills for everyday living, self-expression, symptom management and employment.

- **Early Psychosis Intervention Program**

Provides treatment for people aged between 14 and 25 who have recently experienced their first episode of mental illness.

- **Consultation/Liaison**

Provides assessment, treatment and education for patients in the general hospital and Emergency Department

- **Consumer and Carer Support**

Provide information and support for consumers and their carers/families

- **Dual Diagnosis – Substance Abuse**

Provides assessment, consultation and training for services that work with people who have mental disorders complicated by substance abuse

- **Infant, Child & Adolescent Service**

Provides mental health promotion linked to Area schools; support for children of parents with mental illness; parenting training and support; and mental health consultation and development in Aboriginal communities

- **Education and Training**

Education programs are provided for a range of health-related disciplines in conjunction with the universities of NSW, Sydney and Western Sydney. Specialist training in Psychiatry is also provided for registrars. As part of the Area Human Resource Development, a comprehensive in-service training program is provide for all staff.

- **Research**

In association with the University of NSW, a research program focused on population mental health, schizophrenia and perinatal/parenting issues is conducted at the Centre.

- **STARTTS**

STARTTS is a state-wide Affiliated Health Organisation (AHO) funded by the NSW Department of Health and Commonwealth Department of Health to provide assessment, treatment and rehabilitation services to people living in NSW who have experienced organised violence or trauma associated with the refugee experience.

- **Other Area Projects/Services**

- Suicide Prevention
- Dual Diagnosis/Intellectual Disability
- Older Persons Mental Health
- Clinical Skills Development
- Outcomes Assessment
- Information Management Service Planning
- Facility Development
- Quality & Safety
- Administration

Bankstown Hospital

Bankstown-Lidcombe hospital is a major metropolitan Acute General Hospital with 454 beds (including 18 surge beds). It caters for approximately 27,000 inpatient separations per year.

The hospital has 8 operating rooms, 2 endoscopy rooms, 6 birthing rooms and a family centred birthing room. It also offers services such as emergency, intensive care, day surgery and neonatology. There is also short-term residential accommodation for relatives of critically ill patients.



The Bankstown-Lidcombe hospital is a full teaching hospital of the University of NSW, and an associate of the University of Western Sydney, Macarthur. It has close affiliation with the University of Sydney - Cumberland Campus in the training of Allied Health Professionals. Postgraduate training is available in Medicine, Surgery, Psychiatry, Anaesthetics, Obstetrics and Gynaecology, Paediatrics and General Practice.

Bankstown Mental Health Service

Bankstown Mental Health Service is an integrated service comprising a 30 bed inpatient unit, comprehensive community based programs including:

- Ongoing case management
- Anxiety disorders clinic
- Community support and skills program
- Work assessment and retraining unit
- Recreation program
- Early Intervention in Psychosis Program
- Dialectical Behaviour Therapy Program
- Clozapine Clinic
- Consultation- Liaison Service
- Child & Adolescent Unit.

The Mental Health Service is committed to improving the health of residents in the Bankstown Local Government Area.

Campbelltown Hospital (Macarthur Health Service)

Macarthur Mental Health Service provides a comprehensive integrated range of services to residents of the local government areas of Campbelltown, Camden, Wollondilly and Wingecarribee. In Campbelltown, Adult Community services are based at 6 Browne Street Campbelltown, Infant Child and Adolescent Services are available at Cordeaux St and Specialist Mental Health Services for Older People are available via ACAT at Camden. All inpatient services are at the Campbelltown Hospital campus, with a total of 66 beds: Adult In-Patient Unit, Adolescent In-Patient Unit, Subacute Youth Mental Health Unit and the Psychiatric Emergency Care Centre (PECC).



Community Mental Health – Queen Street comprises:

- Community Mental Health Emergency Team: a 16 x 7 Triage and Assessment Service, providing intensive follow up in the community of acutely unwell or at risk consumers
- Care Coordination team – providing Case Management services
- Community Based Rehabilitation, with strong links to NGO's providing disability support
- Youth Mental Health Service (incorporating early psychosis)
- Broad ranging psychological services

Specialist Clinics:

- Cognitive Behavioural Therapies and other psychological treatments for specific anxiety and eating disorders
- Dialectic Behaviour Therapy for personality disorders

Cordeaux St:

- Assessment and treatment services for children and adolescents
- Perinatal service to infants and their mothers

In-Patient Services: all units are gazetted under the Mental Health Act

Adult: Waratah House is a 30 bed acute in-patient service for the Macarthur Mental Health Service.

Young Adult: Subacute Unit is a 20 bed facility catering to consumers between 18 and 25 years

Child & Adolescent GKL: is a tertiary level 10 bed unit, for children between 12 and 17 years

PECC: The Psychiatric Emergency Care Centre is a 6 bed short stay unit attached to the Emergency Department

Royal Prince Alfred Hospital

Royal Prince Alfred Hospital is one of the nation's most respected hospitals, with a distinguished history serving the health needs of local, State-wide and international communities.

Formed in 1882, the hospital is one of Australia's major referral centres and the prime teaching facility of the University of Sydney.

RPA's comprehensive range of services includes cardiology, cardiothoracic, emergency and intensive care, gastrointestinal, head and neck care and respiratory medicine. Renal, liver and kidney transplant, cancer, obstetrics and neonatal, vascular and neurology expertise, diagnostic imaging and interventional radiology are also offered.



Services are delivered from the main Missenden Road campus and facilities including the King George V Hospital and RPA Institute of Rheumatology & Orthopaedics in Camperdown, Thomas Walker and Dame Edith Walker hospitals at Concord West and various community settings.

Completion of the design phase for the King George V building confirmed it will house services including community and population health, social work and executive support offices when Women's and Children's Health moves across the road to the new clinical services building at RPA.

The high-rating Channel Nine RPA series provides a fly-on-the-wall look at life in the innovative hospital, receiving its second consecutive Logie Award nomination this year. Millions of weekly viewers tuned in to watch the sixth series.

Mental Health Service is located at Missenden Unit

The Missenden Psychiatric Unit is a 40 bed psychiatric inpatient facility attached to Royal Prince Alfred Hospital. The Unit services the Eastern sector of the Sydney South West Area Mental Health Service including the suburbs of Camperdown and Redfern

The Unit is divided into 2 sections:

- 30 bed open unit, and;
- 10 bed observation unit

Four beds are allocated for eating disorder clients and the Unit offers a specialised eating disorder program. The Unit also has facility to accommodate a mother and baby

Programs on the Unit consist of multidisciplinary group work such as:

- Psycho-education sessions
- Leisure groups
- Discussion groups
- Task based groups

Concord Hospital

Concord Hospital is a teaching hospital of the University of Sydney. The hospital has a long tradition of providing care to the Veteran community and today provides health care to the inner west of Sydney.



The hospital has a long established reputation of excellence in the provision of healthcare services with 24 consecutive years of accreditation by the Australian Council on Health Care Standards, which recognizes quality in healthcare.

Concord is the first teaching hospital to receive back to back 5year Accreditation Awards, as well as three consecutive 3 year Accreditation Awards from the Post Graduate Medical Council of NSW for the exemplary training of postgraduate doctors. Concord offers a comprehensive range of specialty and sub-specialty services, many of which are recognised nationally and internationally as centres of excellence. These include Burns, Colorectal Surgery, Laparoscopic Surgery, Molecular Biology and Genetic Laboratory, Aged and Extended Care and Gastroenterology.

Concord Centre for Mental Health

The Concord Centre for Mental Health is a new state of the art mental health complex recently opened on the campus of the Concord Repatriation General Hospital, a large tertiary referral general hospital. The facility is picturesquely situated by the banks of the Parramatta River, next to the spacious park like surrounds of the Sir Thomas Walker estate.

Concord Centre for Mental Health has 174 beds catering for patients with a wide spectrum of psychiatric disorders & operates on a phase of illness model with specialist units catering for the needs of people at different levels of recovery. These include Intensive Psychiatric Care & High Dependency beds, an Early Intervention Program for young people with their first episode of psychosis, longer term treatment facilities for people with residual disabilities & a rehabilitation unit for people with chronic mental illness to enable them to develop skills to move into community living.

There is also a thirty bed acute Psycho geriatric Unit catering for the mental health needs of people over the age of 65 & training is available in Addiction Psychiatry in conjunction with the Addiction Medicine Department of Concord Hospital. The Walker Unit is a 11 bed quaternary non-acute inpatient unit that admits adolescents with severe and unremitting mental illness and/or complex disorders. The Unit admits from NSW and the ACT, and provides holistic and multidisciplinary care integrated with Department of Education Learning Centre.

All registrar positions have been accredited for training by the RANZCP & top priority is given to ensure high quality training & supervision. There is an active education program including examination workshops for registrars approaching College examinations. There is also a chair of Psychiatry of the University of Sydney's Department of Psychological Medicine.

Rivendell – Child and Adolescent Unit (Old Thomas Walker Hospital)

Rivendell, originally called Thomas Walker hospital was opened in 1896. It is a 20 bed facility that consists of:

- A Child and Adolescent Mental Health Service; and
- A Department of Education School

It provides outpatient mental health services for children and adolescents residing in Sydney LHD. The Inpatient Unit utilizes a partial hospitalization model that is highly integrated with the Department of Education program and admits adolescents from NSW and ACT.



Rivendell works in conjunction with the local Community Health Centres and the Community Adolescent Outreach Services (CAOS) based at Canterbury and Camperdown Teams.

We provide inpatient care on either a residential or day patient basis for those individuals who need more intensive treatment. These young people attend the Rivendell School for Specific Purposes during their admission. The inpatient programs focus on early psychosis, depression, anxiety, school refusal and oppositional defiant behaviour. We provide comprehensive assessments, consultations and second opinions, and a range of therapies according to the requirements of the young person and their family.

Rivendell provides community outreach programs during the school holiday periods for young people with special needs, e.g. Indo-Chinese and Latin-American refugees, refugees who have been subjected to severe torture, trauma and other young migrant groups.

Department of Education School

Rivendell School provides specialised education programs in a safe, nurturing and secure environment. They also provide consultative service to schools seeking assistance in relation to the management of students

Port Macquarie Base Hospital

Greater Port Macquarie is located midway between Sydney and Brisbane on the North Coast of NSW. It is only 260 km north of Newcastle, 420 km from Sydney and 510 km from Brisbane. Port Macquarie is situated on the Hastings River and surrounded by several beaches, along its coast. The many beaches around Port Macquarie include Flynn's Beach, Lighthouse Beach, Nobby's Beach, Oxley Beach, Rocky Beach, and Shelly Beach.



Windsurfing is popular around Port Macquarie at Big Bay, Regatta Grounds, Pilot Beach and Trial Bay. You can hire Barbecue Pontoon Boats allowing you to explore the waters or do day fishing. It has been appointed the prestigious Fourth City of the Arts and there is a wide range of accommodation, shops, clubs pubs as well as several award winning restaurants.

Port Macquarie Base Hospital, located on the Mid North Coast of New South Wales, provides 24-hour Emergency Services, Critical Care (incl. ICU, Coronary Care and state of the art Cardiac Catheter Lab), Obstetrics/Gynaecology, Medicine, Renal services, General and Vascular Surgery, Orthopaedic Surgery, and outpatient services such as Fracture clinic, physiotherapy and paediatric services. Mental Health Service in Port Macquarie incorporates all Community Mental Health Services including the Child & Adolescent Mental Health Service team located at Ellimata House on Morton Street, Aboriginal Mental Health Workers and Specialist Mental Health Services for Older People. There will be exposure to Forensic Psychiatric and Psychopharmacology for both basic and advanced trainees. Port Macquarie has a 12-bed inpatient psychiatric unit and is aiming to open its' west wing for in future expansion of the unit. We have active grand rounds, journal club and CBT training. Supervision is guaranteed. The onsite afterhours roster is about 1:7 ratio and consists of 8 hour shifts on weekends as well. This ratio is shared with Kempsey District Hospital. Accommodation is provided for you in one of our long-term rental properties.

Kempsey District Hospital

Kempsey is Port Macquarie's sister hospital, it is located a short 40min drive north of Port Macquarie. Kempsey's surrounding areas have interesting tourist sites, activities and holiday destinations on the coast, such as Crescent Head, South West Rocks and camping at Hat Head. Kempsey Hospital is located on the Mid North Coast of New South Wales, provides 24-hour Emergency Services, Obstetrics/Gynaecology, Medicine, Renal services, General Surgery, and outpatient services.

Mental Health Service in Kempsey incorporates all Community Mental Health Services in Kempsey. Kempsey has a 10-bed inpatient voluntary psychiatric unit. There are two registrar training positions, one in the inpatient unit, and one in community mental health. There will be exposure to Forensic Psychiatric and Psychopharmacology for both basic and advanced trainees as offered with the Port Macquarie based registrars – regular lectures will be held. We have active grand rounds, journal club and CBT training – which is run by Port Macquarie Base Hospital. Supervision is guaranteed. The afterhours roster is onsite at Port Macquarie Base Hospital, it is part of their 1:7 ratio and consists of 8 hour shifts on weekends as well. There is no onsite on call at KDH. Accommodation is provided for you in one of our long-term rental properties in either Port Macquarie, or located close to Kempsey, depending on availability.

Coffs Harbour Base Hospital

Coffs Harbour offers work in a rural area with the beach and rainforest at your doorstep. It is a thriving community without traffic and an easy commute to work. The Coffs Harbour Mental Health department offers a program that caters to your basic training requirements, offering terms in an acute adult inpatient setting, child and adolescent training as well as Consultation Liaison training.



Coffs Harbour Health Campus is a 292-bed, role delineation level five teaching hospital and is the major referral centre for residents of Coffs Harbour, Bellingen and Nambucca Local Government areas. The hospital provides a broad range of specialist services including general medicine, surgery, day surgery, planned and emergency theatre service, coronary care (including coronary angiography unit), intensive care, obstetrics, pediatrics, 24-hour Emergency Department, oncology, palliative care, rehabilitation, stroke, acute renal dialysis, mental health (including high dependency) and outpatients clinics. Coffs Harbour Health Campus is the major trauma centre on the north coast servicing from JHH to GCU. This offers a rich and varied Consultation-Liaison experience.

The Mental Health Unit is a 30-bed secure unit, 6 of which is a high observation bed area. There is also a 20-bed Mental Health Rehabilitation Unit which services the North Coast. There are community outpatient clinics, a clozapine clinic, an ECT service and supervision for CBT and supportive psychotherapy by a college accredited clinical psychologist. Supervision is guaranteed. There are active Grand Rounds and teaching sessions including journal club. The on-call requirements are very manageable, with only 4 hours overtime on weekdays, and 0830 to 1700 on weekends.

The temperature climate all year round lends itself well to the many outdoor activities such as surfing, sailing, whale watching, deep sea fishing, and golfing at the internationally acclaimed BIG Course. Coffs Harbour is the perfect base from which to explore the many towns and villages within the Coffs Coast such as Bellingen, Sawtell, and Woolgoolga and slightly further up the highway is Bryon Bay. A short 55 minutes by plane to Sydney with 6 flights per day and an even shorter flight to Brisbane three days a week. There is also the option for a weekend getaway to Melbourne or the Sunshine Coast with direct flights. The region's calendar is full of events such as the Pittwater to Coffs Harbour Yacht race, Coffs Harbour International Buskers & Comedy Festival, Bellingen Jazz & Blues Festival, and Woolgoolgas Curryfest, Sawtell's Chilli Festival and various other local shows and Food & Wine festivals.

The Sydney West and Greater Southern (SWaGS) Psychiatry Training Network is committed to providing a supportive climate for psychiatry training and supervision with protected time to attend academic programs.

We are also known as NSWNW on College documents

Essentially, the focus of our program is for the trainee to acquire core competencies, providing all trainees with:

- a broad range of clinical and non-clinical experience relevant to achieving core competencies
- an education program that is clinically relevant (this may include: case presentations and management, skills acquisition/assessment, scenario management, use of skill labs where available)
- other training requirements as appropriate with a large range of subspecialty terms
- well-resourced inpatient units with excellent supervision for 1st year trainees
- allocation of rotations with priority based on trainees' requirements to facilitate rapid progression through training
- supportive environment, with supervision and training by RANZCP accredited supervisors and examiners and a high success rate in RANZCP Examinations
- a wide range of specialty areas in which to select a scholarly project to complete RANZCP requirements
- training in RANZCP Advanced Training Certificate programs (for Stage 3), that comprise:
 - Addiction psychiatry
 - Adult Psychiatry
 - Child and Adolescent Psychiatry
 - Consultation-Liaison Psychiatry
 - Forensic Psychiatry
 - Psychiatry of Old Age
 - Psychotherapy

SWaGS rotations include:

- Adult Acute psychiatry, including inpatient and community
- Old age psychiatry
- Consultation Liaison (CL)
- Addiction psychiatry
- Forensic psychiatry
- Rehabilitation psychiatry
- Child and Adolescent psychiatry
- Early Intervention Psychiatry
- Psychotherapy
- Research and Education (REN unit)
- Private Hospital
- Perinatal Psychiatry (Mother Baby Unit)
- Homeless Mental Health Team Service
- Medical Psychiatry Unit/Inpatient Eating Disorder Program

We have a large number of CL and C&A terms, ensuring smooth progression through mandatory training in Stage 2

The Network comprises of multiple sites across NSW, specifically in Western Sydney and Greater Southern regions. Sites include:

Westmead Hospital and community services

Cumberland Hospital and community services

Nepean Hospital and community services

Katoomba/Blue Mountains Hospitals and community services

Blacktown and Mount Druitt Hospital and Community services

Goulburn Base Hospital and Community Services

Wagga Wagga Base Hospital and community services

Albury Hospital and community services

Ramsay Health (Northside West Private clinic)

St John of God Hospital, Richmond

Justice Health

The Children's Hospital at Westmead

Uniting Care (Headspace) Parramatta and Mt Druitt