

**Health** Hunter New England Local Health District

# SUSTAINABLE HEALTHCARE

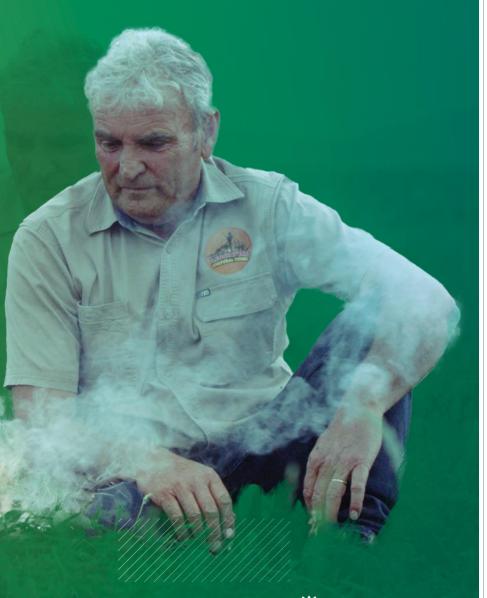
Together Towards Zero 2030

**Dr Ramsey Awad** Executive Director Infrastructure, Planning & Sustainability

## acknowledgement of country

Our Team would like to acknowledge and pay our respects to the Aboriginal & Torres Strait Islander Peoples as the Traditional Custodians of the Land, Rivers and Sea.

We acknowledge and pay our respects to Elders; past, present & emerging of all Nations.





# why a green vision

### 25%

of all human disease and death in the world is attributed to environmental factors and for children, the rate is 36% Australian communities are feeling the impact  $\phi f$ Climate Change as experienced with our extreme weather events

The provision of healthcare in Australia produces 7% if Australia's total CO2e emissions

> Because the health of our patients is at risk **Planetary Health** is now part of our core business

We need to be able to say that as an organisation -

#### We do no harm



### our green vision

Being carbon and waste neutral by 2030.

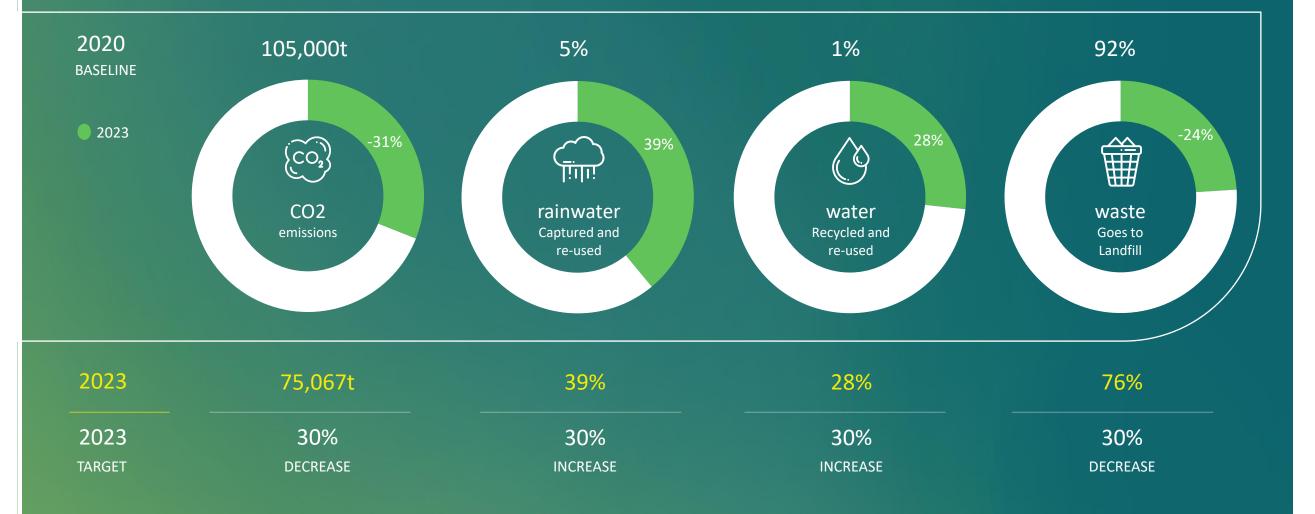
Reduce our environmental impact while continuing to focus on Excellence - every patient, every time. Display public leadership and drive change in the market.

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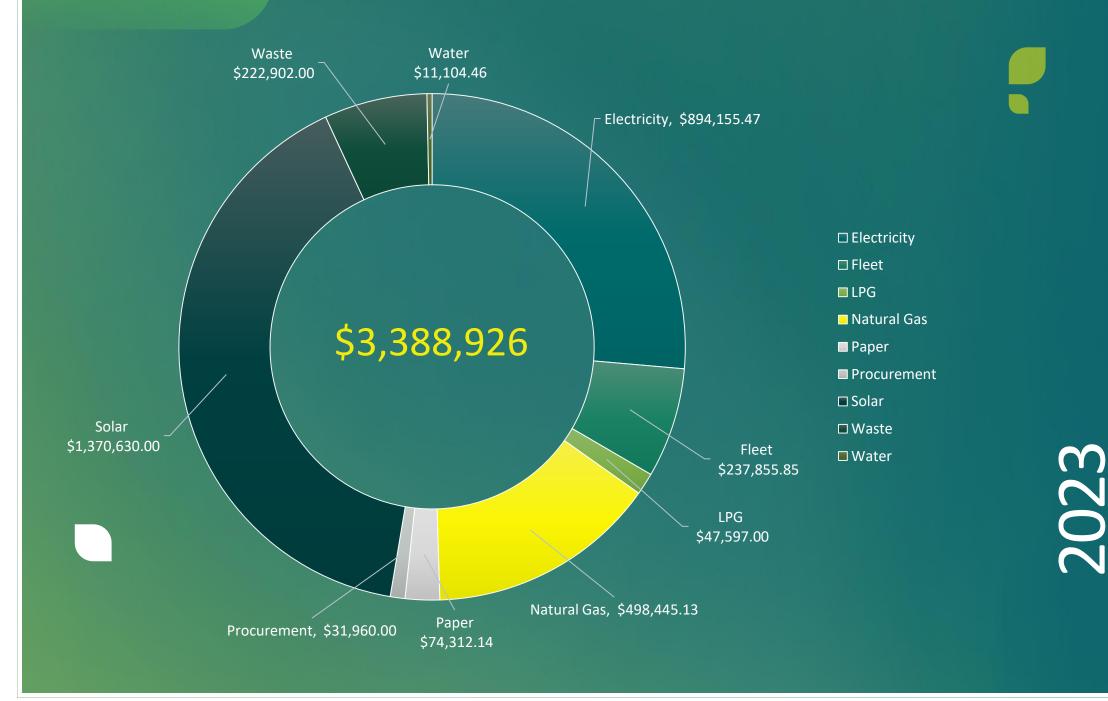


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### our targets & performance - year 3



savings







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## Our energy

### Current Strategies



Solar panel installations across all HNE Health Facilities



Ground mounted solar



LED and sensory lighting upgrades at all HNE Health Facilities



Batteries







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S 60

As of November 2023



13 CLIMATE ACTION

Health Hunter New England Local Health District NSW

LED Lighting District Snapshot

	Completed Installs	20 Sites
2023	Energy Consumption Reduction	80%
Installations	Total Annual Savings	\$701,135.24
	Average Payback Period	1.35 Years
	Upcoming Installs	12 Sites
2024	Projected Energy Consumption Reduction	82%
Installations	Projected Annual Savings	\$265,188.84
	Average Projected Payback Period	1.42 Years
	Energy Consumption Reduction	80%
Total LED Savings	Annual Savings	\$966,324.08
	Average Payback Period	1.38 Years





### our Water

#### **Current Strategies**



Establish infrastructure to capture and reuse rainwater across all HNE Health facilities Capture and reuse of water through reverse osmosis across all HNE Health facilities with a focus on Renal Dialysis units



Implementation of low-flow fixtures



Reduce water waste through leak detection and repair



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**Reverse Osmosis** 

Installed in 2023:	5 Facilities
Total District:	22 Facilities
Scoped for 2024:	26 Facilities
Installed in 2023:	2 Facilities
Total District:	11 Facilities
Scoped for 2024:	2 Facilities

## Water Project progress

Health Hunter New England Local Health District		OVE	RVIEW EMISSIONS SITES SOLAR
Site Sustainability	56 Total Sites	Sector	Site
Water Tanks	Entire District	Totals	Comment of the second
Site Name Belmont Hospital Bingara District Hospital Emmaville Multi-Purpose Service (Vegetable Creek) Gloucester Soldiers Memorial Hospital Inverell District Hospital John Hunter Hospital and Rankin Park Hospital King Edward House - Hunter Brain Injury Service	Capacity 56,000 L 15,000 L 447,000 L 26,000 L 20,000 L 30,000 L 2,000 L	22 out of 56 <sup>61%</sup> <sup>39</sup> Sites with Water Tanks 1,100,000 L Total Water Tanks Size	S
Reverse Osmosis	Entire District	Totals	
Site Name Armidale New England Hospital Forster Community Health Centre Inverell District Hospital John Hunter Hospital and Rankin Park Hospital Manning River Base Hospital Moree Hospital Muswellbrook District Hospital	Renal DialysisReverse OsmosisImage: Constraint of the second of the sec	13 out of 15 Sites with RO 13 Sites with Renal Dialysis 15 Sites with Reverse Osmosis	becker besker besk



NSW

### our transport

### **Current Strategies**



Move HNE Health fleet vehicles to electric



Charging infrastructure EV available for fleet and public use.



Introduction of e-bikes into fleet and Hospital in the home, replacing fleet vehicles



Salary sacrifice of e-bike



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### **Our transport**



Introduction of e-bikes into fleet and Hospital in the home, replacing fleet vehicles

#### WHO

Colleagues within the population health department

#### WHAT

Integrating an e-bike as part of their fleet for staff to travel for work

#### WHERE

Based at Wallsend campus – along safe, approved routes

#### HOW

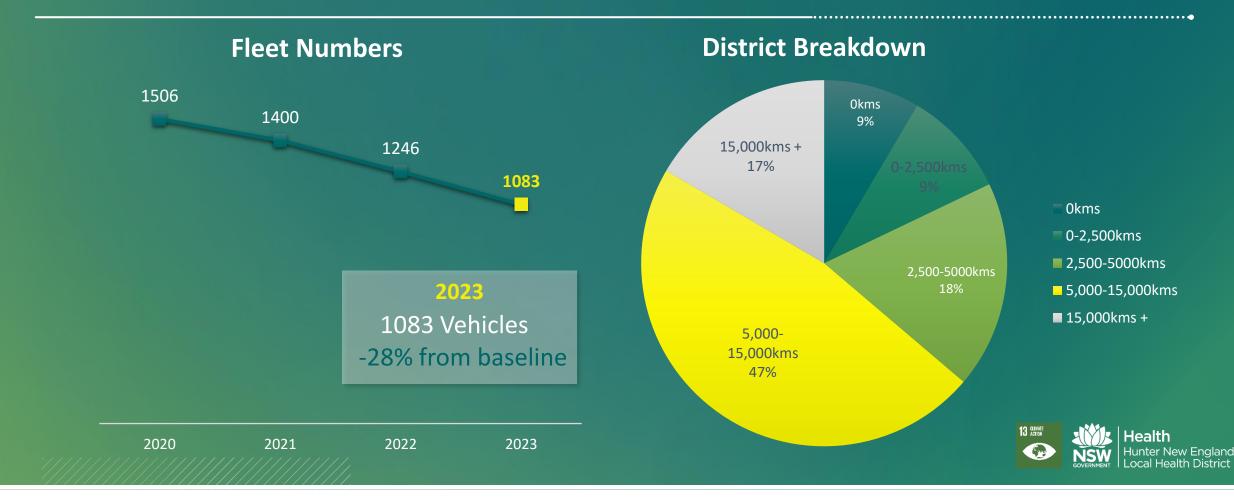
Approvals from WH&S and policy





### our transport

Fleet data – 1083 cars – 11% Hybrids – 1% Electric



### our transport

### Service delivery through Telehealth

2023 to date	Total Number of Telehealth Appointments	Total Number of Telephone Appointments	Total Telehealth Distance Saved - Km		Total Tonnes of Carbon Emissions Saved Using Telehealth
District					
wide	23,214	280,630	364,0974 kms	\$3,091,921	1,025 Tonnes

- Telehealth/virtual care how do we maximise on this service.
- Rethinking our models of care how do we improve on clinical care integrating sustainability as a factor.



### **Our infrastructure strategies**

Current infrastructure projects developed at a minimum 5 green star rating.



JHHIP



Stage 2 Manning Hospital



Banksia Unit Tamworth



Eating Disorder Clinic



Stage 3 Muswellbrook



Moree Hospital



Glenn Innes Hospital



Gunnedah Hospital



**Cessnock Hospital** 





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### our Waste

#### **Current Strategies**



Develop recycling strategies, targets and implementation plans for all waste streams



Develop and embed recycling innovation and a circular economy



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Vicki Scrub Nurs



#### <u>MOH.0010.0668.0019</u>

### 2023 waste reporting

Waste Streams

General

2,436,673 kg

Recycling 584,788 kg

	Organic Recycling 23%
kg	Waste Streams
kg	General
kg	76% Other
kg	Comingle 6% 5%
kg	Paper & Cardboard
kg	13%
kg	Waste Types
kg	rypes
kg	General
	12 State   76%     12 State   13 State     COO   13 State     COO   State

	P
	S
Organics	F
25,864 kg	

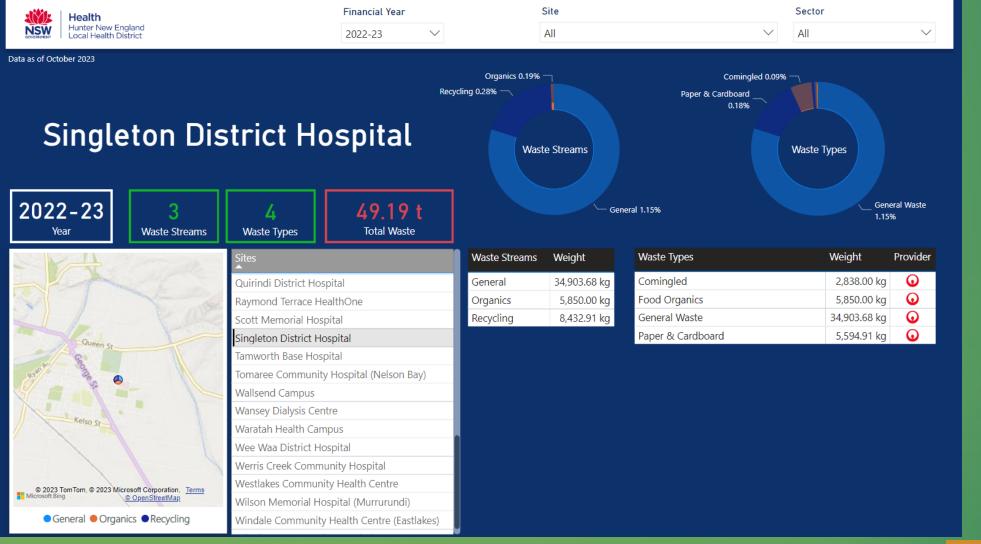
Batteries	156 kg
Comingled	158,042 kg
E-Waste	800 kg
Hard Plastics	8,714 kg
Paper & Cardboard	404,977 kg
Soft Plastics	12, 099 kg
Food Organics	6,534 kg
Garden Organics	19,330 kg

Waste Types

2,436,673

General Waste

### Waste reporting







## Waste streaming rollout

Commence Date July 2023

	Sites Implemented	%	Completed
Greater Newcastle	15/19	79%	2024
Lower Hunter	5/5	100%	$\checkmark$
Hunter Valley	6/6	100%	
Lower Mid North Coast	0/6	0%	2024
Tablelands	0/8	0%	2024
Mehi	0/8	0%	2024
Peel	0/8	0%	2024
Total District	26/60	43%	2024

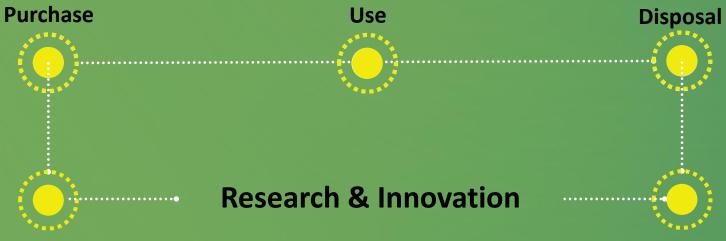




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### our Waste







## Waste projects

The 'Gloves Off' project is a research project taking place on to improve hand hygiene and reduce unnecessary non-sterile glove use. Currently we are disposing of 30 million non-sterile gloves annually equating more then 75 tonnes of waste. Early figures have shown that Unnecessary glove use has reduced from 60% to 31%.

E-water ~ All 38 kitchen sites now have access to e-water reducing chemicals and waste across sites. Trial in clinical areas

Project CHEF - New food model with flexible mealtimes, focusing on sustainable food practices. Trials have seen organic waste decrease by more than 50%. Rolling out at Tamworth, Armidale and JHH in 2024

Uniform recycling ~ Textiles to Tiles project. In 4 weeks more than 2000 staff uniforms have been up-recycled into 'green ceramics' a smart, innovative technology which remanufactures textiles into new furnishings including kitchen benches, bench tops and floor tiles

20 tonnes of plastic waste to furnishings - Partnering with local SME business 'Resourceful Living' to manufacture plastic waste into furnishings product for our new JHH facility



# we are building a **MOVEMENT**

An EOI was issued to all HNE Health staff to become Sustainability Champions
35 Sustainability Action Groups have been established
Here are some of their Projects

Hunter Brain Injury Service – Embedding sustainable practices through organic waste recycling

JHH Theatres first Green Theatre & Ward JHH NICU – Recycling 200,000 baby bottles

Reduction of surgical custom packs

Needle cap recycling

Plastic recycling Repurposing of 100kg of theatre plastics weekly

Kimguard Recycling, diverting up to 20 tonnes p.a from landfill "Gloves-Off: Campaign reducing the 30M rubber gloves going to landfill Reselling of medical equipment 9m3 PA of e-waste generating \$100,000 of revenue

**₽** 

Reduction in high carbon anesthetics saving 10 tonnes of CO2 emissions p.a





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# SUSTAINABLE HEALTHCARE

Together Towards Zero 2030